

Name: Colton Merrill, ATC, CPT		Grading Quarter: 2	Week 18 Beginning: December 2, 2024
School Year: 2024-2025		Subject: Sports Medicine and Rehabilitation Year 1	
Monday	Notes:	Objective: .1 Identify methods of injury prevention 2. List methods of injury prevention 3. Recognize methods of injury prevention Lesson Overview: Unit 5 Injury Prevention L 1 Injury Prevention	Academic Standards: 7.4 5.7 5.5 5.3
	Notes:	Objective: 1. Identify individual reaction to injury. 2. List individual response to injury. 3. Recognize individual response to injury Lesson Overview: L 2 Physical Response to Injury.	Academic Standards: 8.1 6.7 7.4
	Notes:	Objective: By the end of this lesson you will be able to: Define terminology Identify individual reaction to Injury List individual response to injury Recognize individual injury response Lesson Overview: L 3 Physiological Response to Injury.	Academic Standards: 8.1 6.7 7.4
	Notes:	Objective: Define Return to Play Terminology. Identify Return to Play Steps. Learn to collaborate and work with a group to make and present a poster on one of the injury prevention methods. Lesson Overview: L 4 Return to Play	Academic Standards: 7.6
Tuesday			
Wednesday			
Thursday			

Friday	Notes:	<p>Objective: Define Return to Play Terminology. Identify Return to Play Steps. Learn to collaborate and work with a group to make and present a poster on one of the injury prevention methods.</p> <p>Lesson Overview: L 5 Injury prevention Poster project</p>	Academic Standards: 7.6
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